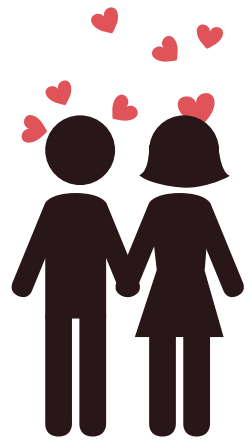


THE TOP 5 KEYS TO CREATING AN EXTRAORDINARY RELATIONSHIP

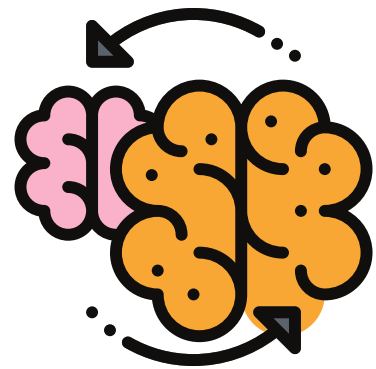
SHOW LOVE

Couples that have extraordinary relationships show love the way their spouse needs love. They make it a point not to show love the way they need it. They find out what each other's needs are in order to feel loved and then, shows love in that way, such as quality time and physical touch.



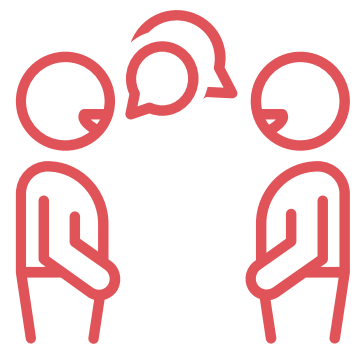
SHARE YOUR PAST

Couples that have extraordinary relationships share their past with their spouse. They may have some fear about the way it will be received but they push past that fear and share their deepest darkest secrets in order for their spouse to have a deeper sense of who they are.



DIFFICULT CONVERSATIONS

Couples that have extraordinary relationships do not sweep the difficult conversations under the rug. Whenever there is a topic that needs to be addressed, those couples decide to talk about. They even come up with solutions to stop repeating the same mistakes over and over again.



EMBRACES VULNERABILITY

Couples that have extraordinary relationships embrace being vulnerable with one another. They recognize that being vulnerable is a sign of strength versus weakness. They also realize being vulnerable creates a deeper connection and creates real intimacy.



UNDERSTANDS VS BLAME

Couples that have extraordinary relationships listen to discern what their spouse meant versus blaming them for their bad behavior. They sit there and listen without interruption in order for their spouse to feel heard. This shows their spouse that what they are saying is just as important to them.

